

# Kazzie NEWS

Newsletter #144 April 2013

## Kastellorizian of the Year 2013 Mr. Stathis. E. Efstathis



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*Information provided may be used on our Website and for authorised media.*

# PRESIDENT'S REPORT



It is my very great pleasure to announce that the **Kastellorizian of the Year 2013** is **Mr. Stathis E. Efstathis**.

A practising pharmacist from Queensland, the Committee was most impressed with Stathis' record of community service to the Australian, Greek and Kastellorizian communities of Queensland. After relocating to Brisbane in 1956 from Innisfail in North Queensland, he began a lifetime of service.

Stathis worked within the Kastellorizian Association of Queensland for over 40 years. As President of the Association, he served several terms and when the Club faced challenging issues he stepped in to ensure that it survived and prospered. He continued to work as a Committee member up to the present time. In recognition of his services and passionate involvement he is the first person to be awarded Life Membership.

Stathis gave outstanding service to the Greek Orthodox Community of Saint George for over 45 years. He worked as a committee member for 10 years; a member of the Management Committee for 18 years, Secretary for 4 years, and President and Vice President for several years. For his outstanding services he was conferred with the award of Life Member of the Community of St. George in March 2000.

In 1991 His Eminence Archbishop Stylianos invited Stathis to become Chairperson of the St. Andrews Theological College- Bribie Island Campus; he served in this role from 1991 to 2007. An accommodation block named Kastellorizian House funded by the Kastellorizian Association of Queensland Inc. was erected at the campus in 2010.

From 1960 and early 1970's Stathis served as a Branch President, State President and National President of GOYA. For his services he was awarded Life Membership of GOYA.

For these reasons and more we are proud to add in 2013 the name of Stathis Efstathis to the long list of Kastellorizians of the Year and look forward to welcoming him and his Kastellorizian wife Despo (nee Manifis) to Melbourne to help us celebrate **St. Constantine and St. Helen's Day on Sunday 19th May, 2013**. The Committee invites all members and friends to celebrate this special event. Further details are enclosed in this newsletter for your reference. In particular please make a special effort to attend the church service at St. Constantine's and St. Helene's in South Yarra.

As this is the 20th Anniversary of the award of Kastellorizian of the Year Award I have contacted all the past recipients and invited them to attend or send a greeting. The response has been over whelming. The following messages were received at the time of going to press and are recorded here with my thanks.

## **2012 Mr. Michael N. Spartels**

Congratulations to the recipient of the 2013 Kastellorizian of the Year Award. It was a great honour for me to receive this award in 2012. The long list of outstanding men and women will hopefully inspire younger members to accomplish their dreams and cherish their Kastellorizian heritage.

*Michael N. Spartels, Melbourne 25 March, 2013.*

## **2011 Mr. Nicholas C. Nicholas**

As a past recipient of the Kastellorizian of the Year Award (2011) I congratulate the 2013 recipient of this prestigious award that aims to promote leaders within the Kastellorizian Community and warmly support efforts that promote the Kastellorizian heritage generally.

*Nicholas C. Nicholas Perth 18 March, 2013.*

# PRESIDENT'S REPORT

## 2010 Dr. Nicholas G. Pappas

As a proud past recipient of the Kastellorizian of the Year Award (2010), I congratulate the 2013 recipient of this prestigious award which acknowledges achievers within the Kastellorizian Community and warmly endorse initiatives such as this that promote Kastellorizian heritage and identity.

*Nicholas G. Pappas, Sydney, 18 March 2013.*



**Above:** 2010 Kastellorizian of the Year, Nicholas Pappas and the then President of the Kastellorizian Association, and later Kastellorizian of the Year 2012, Michael Spartels

## 2009 Mr. John B. Salvaris

On the 20th Anniversary of the Kastellorizian of the Year Award, it is time to reflect on the success of the Award which I initiated. Reviewing the list of recipients, for such a small island to have generated an extensive range of successful businessmen, academics, politicians and people with a strong sense of community is something to be proud of. I hope that the Kastellorizian community is as proud as I am of the achievements of the Kastellorizian of the Year recipients. I have confidence in the Kastellorizian community to continue supporting the Award in order to encourage and inspire future generations to strive for excellence and be proud of their Kastellorizian heritage. Congratulations to recipients, both past and present, and to the Kastellorizian Association of Victoria for continuing to inspire the candidates of the future through this Award.

*John B Salvaris OAM, Melbourne, 2<sup>nd</sup> April 2013*



**Above:** Kastellorizian of the Year. John B Salvaris with Michael Spartels, the Consul General of Greece and Father Dimitiri

## 2008 Mr. John C. Mangos

I would like to heartily congratulate you on becoming the 2013 Kastellorizian of the Year. You are now the holder of an award more difficult to attain and infinitely more prestigious than a Brownlow Medal! On a serious note, you have been recognised as a leader within the Kastellorizian community and appreciated officially for the efforts you have made to promote our proud and rich heritage. As a past recipient (2008), I wish you well and urge you to wear the title with honour, I do.

*John K Mangos. Sydney, March 2013.*



**Above:** 2008 Kastellorizian of the Year. John C. Mangos



# PRESIDENT'S REPORT

## **2007 Mrs. Marika Bisas**

I wish to congratulate the recipient of the Kastellorizian of the Year 2013. It is satisfying to note that service to the Kastellorizian Community for many years has been acknowledged. This is the only national award of its kind in Australia. It is a means of inspiration for future generations. This honour was bestowed on my in 2007. I am proud and humble to have received it for the upkeep of the heritage and traditions of Kastellorizians.

*Marika Bisas OAM, Melbourne, 2013*

## **2006 Mr. Theo Conos**



## **2005 Prof. Ernie Hondros**

## **2004 Dr. Nicholas Lolatgis**

## **2003 Dr. Spiro Moraitis**

My mother, Anastasia, said to my grandmother Evdokia, "Under no circumstances will I marry a Kastellorizian". She married an Athenian, Haralambos. She then proceeded to insist that her son Spiro marry a pure Kastellorizian girl, Margaret, because my father was happily married to a Cazzie girl.

*Spiro Moraitis. OAM, Melbourne, 2013*

## **2002 Dr. Kenneth Michael**

As a past recipient of the Kastellorizian of the Year Award (2002), I congratulate the 2013 recipient of this prestigious award that aims to promote leaders within the Kastellorizian Community. Additionally, and with much pride, I warmly support initiatives that promote the Kastellorizian heritage and its associated memorable history and culture.

*Dr Kenneth Comninos Michael AC, Perth, 12<sup>th</sup> April 2013*

## **2001 Mr. Angelo Hatsatouris**

The Kastellorizian of the Year Award, which warmly supports and recognises significant achievement and promotes leadership within the Kastellorizian community, is highly valued and cherished by me.

My very best wishes and congratulations are extended to the 2013 recipient of this most prestigious award.

*Angelo Hatsatouris (2001) Sydney, 28 March 2013.*

## **2000 Mr. Jacob Fronistas**

This year is the twentieth anniversary of the Kastellorizian of the Year Award. It is a great honour to be recognised by the Kastellorizian Association of Victoria, and I am very proud to have been a recipient of this award in 2000. There have been numerous persons of high distinction from all over Australia who have been recognised by this award, and I am certain that they are proud to be of Kastellorizian heritage. It is important that outstanding achievement is recognised and celebrated by all Kastellorizians, and I am certain that the recipient for 2013 and all future recipients will be persons who will meet the high standards of previous recipients. I hope that this award will continue to inspire all Kastellorizians to be leaders in their chosen fields and in the community.

*Jacob Fronistas OAM, Melbourne, Victoria, 25 March 2013.*

## **1999 Mr. Nicholas Patiniotis**

As a past recipient of the Kastellorizian of the Year Award I congratulate the 2013 recipient of this prestigious award promoting leaders within the Kastellorizian Community and warmly support efforts that continue to build up the Kastellorizian heritage generally.

*Nicholas Patiniotis, Melbourne, 17 April, 2013*

## **1998 Mr. John Kiosoglou**

## **1997 Mr. Jack Bisas**

Congratulations to the recipient of the Year 2013. In my fifteen years as President of the Kastellorizian Association; I am proud to have been the President when the first recipient was chosen. I am very happy to see this prestigious national award continued so successfully. It is gratifying to me that my wife Marika has received this honour as well, for our tireless dedication to the Kastellorizian Association of Victoria.

*Jack Bisas OAM, Melbourne, 2013*

## **1996 Prof. Katherine Georgouras**

"As a past recipient of the Kastellorizian of the Year Award (1996 and the first woman to be so honoured) I congratulate the 2013 recipient of this prestigious award. This Award recognises the success of high achievers in the Kastellorizian Community and in Australia. It promotes the Kastellorizian heritage of which we are all justly proud. I trust that all recipients of the Award are seen as role models for the younger generation of Kastellorizian Australians."

*Professor Katherine Georgouras, 2013*

# PRESIDENT'S REPORT

## 1995 Prof. Byron Kakulas

No-one is prouder of our illustrious Kastellorizian heritage than myself. Throughout my academic career I have silently said to myself "*it is a Greek doing these things*". Given that I have been more than fully occupied in pushing back the frontiers of human knowledge as it applies to incurable neurological disorders, it has not been possible for me to do as much for the Island and for my compatriots as I would have liked. Nevertheless I was able to rebuild my mother's house on Kastellorizo in my semi-retirement and have taken out Greek citizenship. In addition I have familiarised my children and grandchildren with their great heritage by frequent visits to the Island. Thus it was an enormous honour for me to be elected Kastellorizian of the Year in 1995 a distinction which I hold very dearly. My congratulations are extended to the Kastellorizian Association of Victoria on the founding of this Award and to my fellow recipients for their outstanding contributions to Kastellorizo and to the Australian community".

*Byron Arthur Kakulas, Perth 28 March, 2013.*

## 1994 Mr. Michael G. Kailis (deceased)

Michael George Kailis, AM,CBE,Cit WA, was an enthusiastic and fierce protector of his Kastellorizian heritage. He considered it a great honour to be nominated for and accept the Kastellorizian of the Year 1994 Award. Congratulations to all others who have followed, for your achievements, and recognition, appreciation and promotion of the Kassie "*ethimata*".

We are proud of you.

*Submitted by his wife Patricia Kailis, Perth, April 2013*

## 1993 Mr. Nicholas Bolkus

As a past recipient of the Kastellorizian of the Year Award, it is my great pleasure to congratulate the 2013 recipient. Our culture is proudly and deeply embedded in us, and it is a great honour to be acknowledged as a worthwhile recipient of an award which recognises leadership in our Community.

*Nick Bolkus, Adelaide, 2013*

The Kastellorizian Association of Victoria would like to announce that the recipient of this year's **VCE Recognition Award** is **Paige Adgemis** (pictured above right). Paige is the daughter of John and Lyndel Adgemis and the granddaughter of Betty and the Late Nick Adgemis.



The Committee looks forward to congratulating Stathis and Paige at our annual St Constantine and St Helen's Day Celebrations and Awards Ceremony and we welcome their families and all our members to join us on the day.

Please note the Kastellorizian Association of Victoria congratulates Dr. Nick G Pappas for being awarded an AM in the 2013 Australia Day Honours list for his distinguished service to Rugby, the Greek Community and to the Arts.

I represented the Kastellorizian Association of Victoria at the opening of the new building at Ansei Care, Thornbury. The opening was attended by several State dignitaries. During the President's welcoming speech, he highlighted the enormous contributions of past committee members and made particular reference to the first President, John. B. Salvaris. Given the day was a fundraising event, the Kastellorizian Association of Victoria donated \$1000 to the appeal. We acknowledge the contributions of John B Salvaris, Spiro Moraitis, Jacob Fronistas and many other Kastellorizians who have played a role in the aged facility.

Finally, you will find a leaflet enclosed regarding a tour of Kastellorizo and Rhodes in September. Helen Georgas organised a highly successful tour for over 50 people last year and is offering another trip leaving 4 September this year. Interested members and friends will need to contact Helen's office directly. Kalo Taxithi!

Yvonne Panagacos.

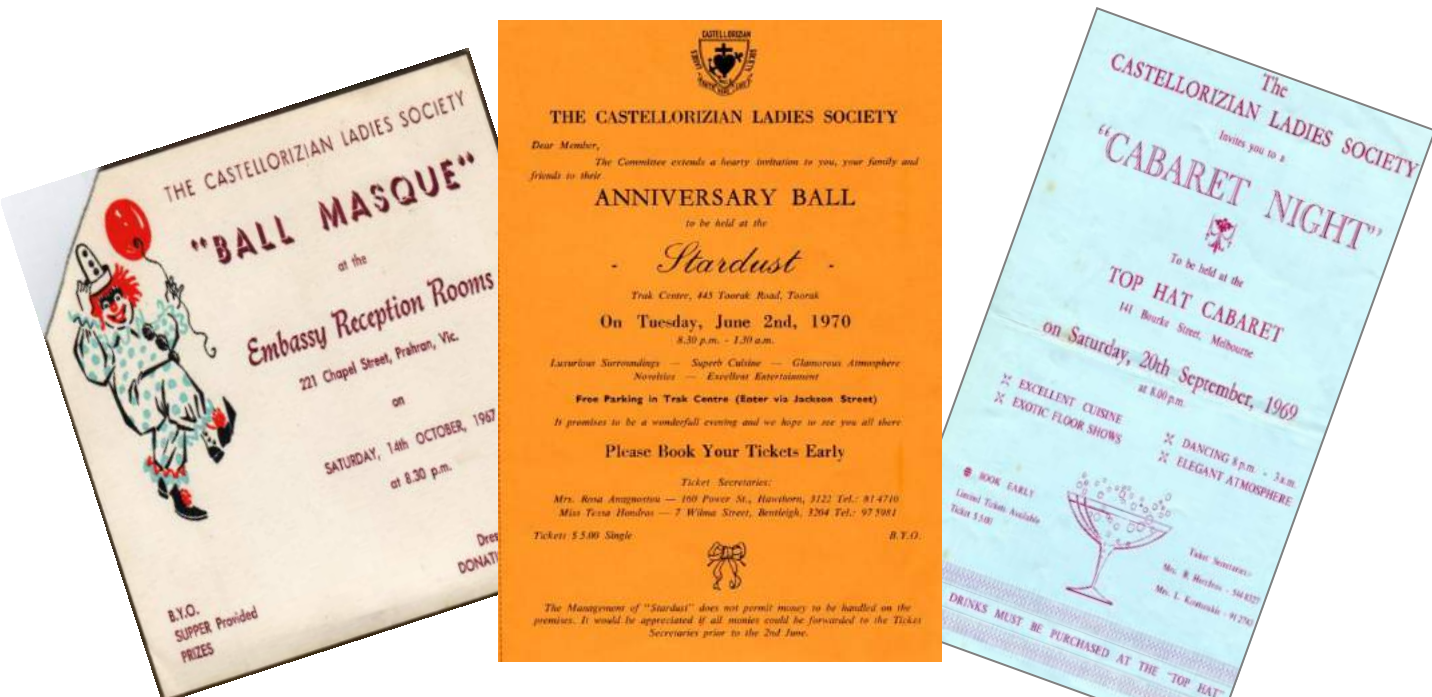
# SOCIAL EVENTS

The Megisteon Heritage Society invites you to  
"Stardust"

A celebration of The Castellorizian Ladies Society, 1961-1978

Join us on Sunday August 25<sup>th</sup> 2013

as we step back in time and reminisce about the trials and tribulations of the Castellorizian Ladies Society, the first independent ladies society established within the Greek community of Melbourne. Hear about the issues they faced, the hectic social calendar they developed and the fun and laughter which they brought into the Melbourne Cassie Community.



Sunday August 25<sup>th</sup> 2013, 1 - 4pm

Presentation 1.30 – 2.30pm

KAV, 250 Dorcas Street, South Melbourne

For the older ones BYO photographs and memories and for the younger ones, hear how our Cassie ladies changed the role of Greek Australian women in the 1960s and 70s.



Contact/RSVP: Florence Livery  
9348 0751 / 0423007339  
liveryf@gmail.com



# MEGISTEON HERITAGE SOCIETY REPORT

Our first event was held last September, a celebration of the Young Men's Castellorizian Society 1962 - 1965. We laughed together as we reminisced about the men's football and cricket teams, the South Australian GOYA weekends, the hectic socialising in between sporting events, not to forget the women's basketball team. The presentation included lots of anecdotes and stories, enhanced by the donation of photographs, memorabilia and documents and material gathered from the numerous research interviews undertaken. It really was a fantastic time in our club's history and those present, from all generations, helped celebrate one episode in its rich and diverse history. One of Megisteon's aims is to celebrate our club's history in ways that are enjoyable for all generations. You can be assured that Megisteon succeeded in this as witnessed by the belly laughs, interjections and general frivolity emanating from all corners of the room.

Another story that needs to be told is that of the **Castellorizian Ladies Society 1961 – 1978**. Megisteon's event for 2013 will be a celebration of the Ladies Society to be held at the clubrooms on **Sunday August 25th**, from 1 – 4pm. Titled "Stardust" acknowledging receptions rooms in vogue at the early 1970s, we hope to do a similar presentation to the YMCA event. Beginning with a presentation outlining the issues confronting the Ladies, the many social events they organised and the antics they got up to, we have allowed plenty of time for reminiscing and viewing the memorabilia, photographs and documents collected. The Ladies Society moved at a frenetic pace, particularly in their early years and thankfully they kept meticulous records of their activities and numerous discussions and meetings. Their memories are great and so there will be plenty of enjoyable stories for you to hear about. I am looking for more photographs and brochures of the Ladies' social events, particularly in the 1970s. Please contact me if you have any.

Finally a reminder to all members, particularly past office bearers: we can only research our club's history and "tell our story" if we have the primary evidence available, including documents and memorabilia. If you have any old club papers, brochures, documents or photos of club events please send them to me electronically or make contact and I will arrange to have them picked up or scanned

To read through the minutes of the Castellorizian Ladies Society committee meetings is an absolute joy and privilege, to witness how the Ladies tried in vain to support this youth group, through their many social events, with waning support from the Senior Brotherhood.

Florence Livery  
Honorary Curator  
Megisteon Heritage Society  
0423 007 339  
[liveryf@gmail.com](mailto:liveryf@gmail.com)



**Above:** 1971 Castellorizian Ladies Society 10th anniversary celebrations at Stardust Receptions. President Maria Kominos watching George Malaxos cutting the cake.

**Below:** Sylvia Patiniotis, Maria T Adgemis, Maria Adgemis\*, Christine Karis\*, Maria Kominos, Irene Paltos\*, Helen Koutsoukis, Chris Paltoglou, Peggy Paltos. \* Please note the use of maiden names





# MEGISTEON HERITAGE SOCIETY



## **Megisteon Heritage Society requires your assistance!**

**Can you name the guests above who attended the Castellorizian Ladies Society Bouzoukia Night at La Brochette, Kew in 1977?**

**Do you have photographs, particularly from the 1970s or from any other of the Castellorizian Ladies Society functions (1961 – 1978)?**

**Please share your photographs with the Megisteon Heritage Society**

**Contact Florence Livery and help make “Stardust” on August 25<sup>th</sup> an afternoon to remember**

Florence Livery, Honorary Curator  
Megisteon Heritage Society  
0423 007 339  
[liveryf@gmail.com](mailto:liveryf@gmail.com)

# CHRISTMAS FUNCTION 2012



1. Waiting in anticipation for guests to arrive



2. President, Yvonne Panagacos welcomes members and their families to the Christmas function and meeting



3. Members listen attentively to the progress of the Kastellorizian Association of Victoria



4. The children enjoy a range of activities



# CHRISTMAS FUNCTION 2012

5



5. The children wait patiently for Father Christmas to arrive

6



6. First came the magician and then the rabbit!

7



7. Finally Father Christmas arrives and the children gather around him. He delivers his festive greetings with warmth, merriment and gifts for all the children.



# AFFILIATED ASSOCIATIONS

## Kastellorizian Senior Citizens Club Inc.

### News and Social Events 2013

by President, Christine Dimer

Dear Members,

We have had a wonderful beginning to 2013 with many attending the club in February. We were delighted to have George Symons entertain us with his ukulele and singing. Lunch was chicken and salads and was enjoyed by all. Thank you to members who brought along sweets.

In March, 45 members attended Vasili's Garden in Coburg. We were fortunate to hear from Vasili himself and he gave us many gardening tips and an insight into his early life. There was much chatter and many bought garden items from his nursery. Lunch was enjoyable. We used a maxi taxi for the first time and this worked well. However, if you have booked to attend a function and are unable to attend, please notify us. Thank you to Peter and Sam for their efforts in collecting memberships and monies on the day.

To our members who have been unwell or are recovering from illness, our best wishes to you.

We continue to make the most of our monthly meetings and if you have any suggestions or ideas for functions or events, please let us know. Below is our revised schedule for the remainder of 2013.

Cheers  
Christine

Donations to the Kastellorizian Senior Citizens Club Inc. :

Received in memory of the **Late Paul Zervos** from :  
Mrs Maria Exintaris and Family

Received in memory of the **Late Michael Kyriakos** from : Mrs Vera Constance; Mrs Maria Exintaris and Family; Mrs Ismini Exintaris; Mrs Nina Mangos Michael and Hellas Christopher; Con and Dorothy Mangos; Peter and Kathy Christofas

Received in memory of the **Late Tina Salvaris** from:  
Mrs Maria Exintaris and Family; Mrs Helen Koutsoukis

Received in memory of the **Late Michael Paltoglou** of Adelaide who passed away late 2012.  
Mr. George and Christine Dimer  
Mr. Chris and Irene Mingos  
Mr. Con and Chrissie Paltoglou  
Mrs. Michelle Hondros

Submitted by Peter Christofas

**Right:** The Senior's enjoying  
a day out at Vasili's



# KASTELLORIZIAN SENIOR CITIZENS CLUB Inc.

## SCHEDULE OF ACTIVITIES FOR 2013 – AMENDED: March 2013.

FIRST WEDNESDAY OF EACH MONTH

Starting at 10.30am , UNLESS OTHERWISE STATED.

**8TH MAY** - Please note this is a week later than our normal day due to Greek Easter. **MOTHER'S DAY LUNCH AT KITCHEN WORKSHOP, AT CROWN CASINO.** Meet there at 11.30- 11.45. Outside kitchen workshop. Names for next month will be taken and 40 members are needed for lunch to go ahead at clubrooms

**5 JUNE- LUNCH AT CLUB ROOMS** – We have organised lunch to be delivered from Nikos Tavern. We need a minimum of 40 people for them to deliver delicious dips, dolmathes, spicy sausages, seafood, meat and sweets. Price for members \$10. We will subsidise \$10 as it is costing us \$20 per person. Come along and listen and dance to Greek music.

**3 JULY – BUFFET LUNCH AT TEMPLESTOWE HOTEL 23 PARKER STREET, LOWER TEMPLESTOWE 3107.** For those that live nearby we will meet there about 11am for morning tea. Cost to members will be \$10. This function is to be confirmed , as I believe the buses are no longer available and clubs are being reimbursed to organise their own transport. More information will be given when known.

**7 AUGUST- CANCER COUNCIL BRUNCH AT THE CLUB** – Bring savouries and sweets to share for lunch. Raffle will be held and proceeds to cancer council. Bingo. All friends of members welcome. Donation \$5. Please support this function generously.

**4 SEPTEMBER – FISH N' CHIPS AT WILLIAMSTOWN** – Meet there 11.30am (venue will be advised later for those members going independently) or taxis from clubrooms 10.30am. Half price taxi cards needed for each taxi. We will try and organise a walking tour around Williamstown for those interested and are mobile. This outing is yet to be confirmed. Cost to be advised. We will cover cost of taxis from clubrooms.

**2 OCTOBER - AGM . FREE LUNCH AT CLUBROOMS. BINGO AT CONCLUSION OF MEETING.** Bookings and deposits will be taken for Christmas lunch. Part or full payment to be made today .Cost TBA. Please bring something along for a Xmas hamper .

**6 NOVEMBER – LUNCH AND SPRING CARNIVAL HAT PARADE AT THE CLUB.** Prize for best hat and outfit. Finalise details for Christmas. Please bring something along for a Xmas hamper which we will raffle in December. Finalise payment for Christmas lunch.



**Left:** Christine Dimer and Michelle Hondros at the 2012 Melbourne Cup Luncheon

**4 DECEMBER - LUNCH AT JJ'S AT CROWN CASINO.** Rebooked venue for this Christmas. It was a great success last year. We will meet there for 12 o' clock lunch. Details later in the year. All outings and taxis used will be subsidised by the seniors club.

**ALL DATES AND FUNCTIONS ARE SUBJECT TO CHANGE. KEEP IN TOUCH WITH COMMITTEE MEMBERS AND REGULARLY SUPPORT THE SENIORS BY PARTICIPATING IN ALL OUR FUNCTIONS AND ACTIVITIES.**

**FOR ENQUIRIES CONTACT:**

**CHRISTINE DIMER mob 0432915049 or 9592 9450**

**PETER CHRISTOFAS mob 0422586177 or 9379 8635**

**CHRISTINE DIMER**  
**PRESIDENT, KASTELLORIZIAN SENIOR**  
**CITIZENS CLUB**

# CULTURE

## PATRON SAINTS AND THEIR SAINT'S DAY

A patron saint is someone with a special significance for you, your family, cause, organisation or city. The Orthodox believe that saints can intercede with God for specific reasons. In particular instances, God works with and through them to perform "Thuvmuta" or Miracles. The faithful may pray directly to a specific patron saint for guidance, help and healing purposes.

### Patron Saints of General Illness.

St Panteleimon (July 27)  
Sts Cosmas and Damian (November 1)  
St Nektarios (November 9)  
St Spyridon the Miracle Worker (December 12)

### Patron Saint of Godparents

St John the Baptist (January 7)

### Patron Saints of Education

St Basil the Great (January 1)  
St Gregory the Theologian (January 25)  
The Three Hierarchs (January 30)

### St John Chrystomos

- Removal of the relics of St John the Chrystomos, Archbishop of Constantinople (1 January)
- Translation of the relics of St John Chrysostom from Comana to Constantinople (27 January)
- Synaxis of the Three Great Hierarchs (30 January)

### Patron Saint of Scholars

St Cathrine (All Wise) November 25)

### Patron Saint Pious Parents

Sts Joakim and Anna (September 9)

### Patron Saints of Sheperds

St George the Great (April 23)  
St Demitrious the Great (October 26)

### Patron Saint of Peace

St Irene (May 5)

### Patron Saint of Weighing of the Souls to God after death

Archangel Michael (November 8)

### Patron Saint of For Good News

Evangelismos (March 25)

By Anna Miriklis-Defteros

## PROVERBS & SAYINGS

### *Karyia aryga para potei :*

Better late than never

### *Fasouli mei fasouli yemizi dto sukooli:*

With each bean, one at a time, you can fill a whole bag  
i.e. Patience

### *Kuthei embothyio, yia Kulo:*

With every obstacle, come better and greater out comes

### *Kalitera na vgi to mati sou, para dto onoma sou:*

Better to lose your eye rather than your good name

### *Kuthei unthropo ehhi dto starvo dtou:*

Every person has a cross to bear

### *Eli stuogna, petra skuvi:*

A drop of water can dig a whole in the rock

### *Gutto pou kimatei, pontikoos then piyienni::*

A sleeping cat won't catch mice

### *Dto krussi kai ta penthyia lenei tin ulithyia:*

Wine and children tell the truth

### *Pan metron ariston:*

Moderation in all things is excellent

### *Uppo dto stoma sou, ston theou dto afti:*

From your mouth to God's ear.



Above: St Irene, Patron Saint of Peace, May 5



# COOL TO BE KAZZIE

I had lost all faith in Kazzies, when a few inspiring Kazzies managed to emerge from the dark shadows. These people and the cultural references made to Kastellorizo have enthused me and remind me why I should be proud of my Kastellorizian heritage. In my opinion the following Kazzies stand out well above the rest of the community and make worthy candidates for the title of "Cool to be Kazzies".

Congratulations go to **George Papadopoulos** and **Nicholas Pappas** for receiving an AM in the Australia Day Honours earlier this year. George received the award for his services to the multicultural community of Victoria through development of public policy, programs and services. George is married to **Melody (Heterelezis)** and has been an active member of the Kazzie community. Past Kastellorizian of the Year, Nicholas Pappas was awarded the AM for his significant service to rugby league football, arts and the Greek Community.

It is hard enough undertaking a PhD, but when your topic is based in Kastellorizian migration to Australia in the early 1900's, it can only be a labour of love. **Andonis Pipergolou's** studies were featured in the Postgraduate Study section of *The Age* last year.

Did you know that Australian born Kazzie, **Dr Nikos Athanasou** is a Professor in Musculoskeletal Pathology at the University of Oxford and is also an acclaimed author of many novels including the collection of short stories called *Hybrids* and his latest novel *The Person of the Man?* How cool to find a person that has the combined skills of science, medicine and literature along with his Kastellorizian heritage.

I was recently surveying the cookbook section at *Dymocks*, when I came across two cool cookbooks. The first was *Greek by Heritage, Italian by Heart*. The book was penned by **Marcia Georges** from Brisbane. The book not only has Greek and many Kazzie recipes and also includes beautiful photographs of Kastellorizo and Marcia's family. The cool factor of this book is that Marcia is donating all royalties to the Cancer and Bowel Research Trust. Marcia is not only a Cool Kazzie but a generous one too! I hope all Kazzie will purchase the book not only for its cultural relevance but help the Research cause!

The second book, *The Country Cooking of Greece* by author Diane Kochilas coolly featured the recipe for **Strava**, a deep fried Kazzie Baklava. Along with the recipe was a reference to Kastellorizo. How cool for a fellow Greek to be inspired to add this Kazzie cultural delight to her publication.

In the last edition of the Kazzie News, Cafe **Boucla** was noted as a social meeting place and highlight for many Kazzies who attended the Centenary Celebrations of the Kastellorizian Association of WA. Along with the company, the highlight at Boucla was the sweet, **Soufra** which left a lasting memory on everyone who tasted the treat. What is cool is that it didn't take long for *Gourmet Traveller* to discover what is common knowledge to the Kazzies! In the January 2013 edition, the Soufra at Boucla received a special mention from Pat Nourse. How Cool!

Evelyn Salvaris



**Above:** Sail boats in Kastellorizo harbour, 1988



**Above:** The Faith, Hope and Charity statue, the symbol of the Kastellorizian spirit, stands proudly on the island of Kastellorizo. Photo by Anna (Mangos) Redlich, Calendar Competition 2010

# KAZZIE KERASMA

With Easter approaching, I feel compelled to supply a Lenten recipe. However I have decided to supply a recipe to celebrate the Anastasi. After reading *Gourmet Traveller*, which rekindled my memories of enjoying Soufra at Boucla, I decided to search for the recipe. I found many recipes on the internet referring to Patsavoura but none to Soufra. The word soufra is an Ottoman/Turkish word meaning a low table or tray used as a table. My interpretation of the word soufra is similar to kerasma. Looking at pictures on the internet and the list of ingredients for Patsavoura, it resembled Soufra, the sweet fillo-milk-custard pie. Patsavoura means "rag" in Greek and the *rag pie* is called so because arrangement of the fillo sheets resembles a crumpled up rag. I also discovered that it was sometimes called *Tsalakoto* (wrinkled), *Ruffled Milk Pie* and *Lazy Cook's Pie*. The recipes I found were predominately sweet but I found a few savory versions also. The common ingredients were milk, butter and fillo. So in the midst of my confusion and in order to stay true to Boucla's Soufra, I turned to the "Oracle" of Greek cooking, Vefa Alexiadou. The following recipe is an adaptation of her recipe. What's more, Vefa appeared on the Martha Stewart Show and showed Martha how to make it. You can find the video at

<http://www.marthastewart.com/332911/ruffled-milk-pie>



**Above:** Home made Soufra

**Kali Oresi**, Evelyn Salvaris

## Soufra

### Ingredients

6 tablespoons melted clarified butter  
8 to 9 sheets fillo  
1/4 teaspoon ground cinnamon, plus more for dusting  
3 cups/750 mls whole milk  
6 large eggs (700s)  
1 cup/250g caster sugar  
1 teaspoon pure vanilla extract, rose water or orange blossom water  
Icing sugar, for dusting  
14-inch round cake pan (Do not use a spring form tin!)

### Method

1. Preheat oven to 180°C.
2. Grease pan with a little melted clarified butter.
3. Place 1 sheet of fillo on work surface with one long side parallel to edge of work surface.
4. Brush with a little melted butter.
5. Ruffle the fillo by pushing the long sides toward one another to create a narrow fan shape.
6. Place the first sheet in center of the cake pan creating a spiral. Repeat process with remaining sheets, continuing spiral outwards until bottom of pan is covered.
7. Brush the fillo using remaining clarified butter
8. Sprinkle the pastry with cinnamon.
9. Bake until golden brown, 25 to 30 minutes.
10. Whilst the pastry is cooking, heat milk in a medium saucepan until bubbles appears around the edges of the pan. Remove milk from heat. Do not let the milk boil.
11. In a large bowl, whisk eggs and sugar together.
12. Add vanilla or rose water or orange blossom water.
13. Spoon milk mixture over baked fillo, evenly covering surface with the milk mixture.
14. Return the pie to oven and bake until filling has set. Approximately another 25 to 30 minutes.
15. Remove from the oven, cool for 5-10 minutes.
16. Dust with icing sugar, cinnamon. Best eaten warm.

For a more exotic flavour, add a sprinkle lightly with rose or orange blossom water and pistachios (optional). The *Soufra* can also be enjoyed cold



# SOCIAL ANNOUNCEMENTS



## Birth

On the 16th September, 2012, **Violet Sophie** (pictured right) was born to **Camilla** and **Stephen Dimer**. This is their first child and fourth grandchild for **Christine** and **George Dimer**. It is the first grandchild for **Jenny Pinkney**. Violet is now a bouncing, happy six month old baby.

Submitted by Christine and George Dimer



## Birth

**Phillip** and **Christine Georgoulas** would like to announce the birth of their beautiful baby daughter **Maia** (pictured below) born on the 19th October 2012. Maia is the first grandchild for **Maria** and **Nick Georgoulas** and the great granddaughter of **Nina** and the **late Spiro Mangos**. Phillip and Christine would like to thank family and friends for their flowers, cards and best wishes - very much appreciated.

Submitted by Maria Georgoulas

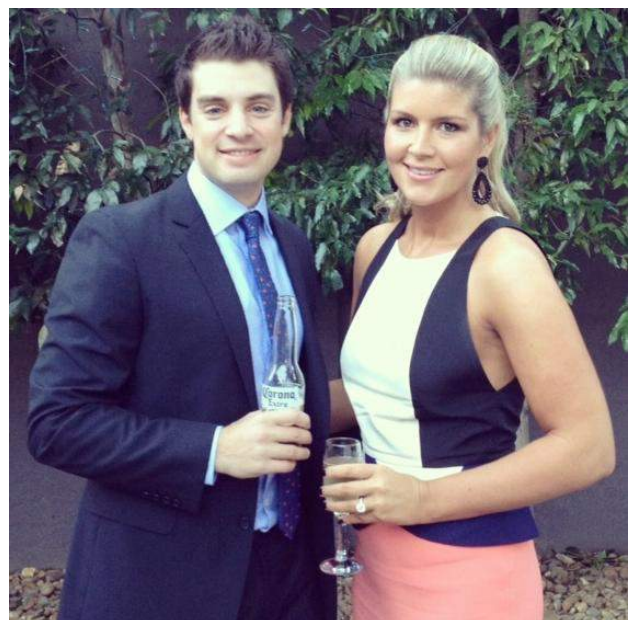


## Engagement

**Mark Mastores** (30) and **Kirsty Galbraith** (29) celebrated their engagement on Saturday 6th April with 100 of their closest family and friends in Melbourne. Mark is the youngest son of **Christine Mastores-Davidson** & **Peter Mastores**. Mark and Kirsty met about 18 months ago and are both currently working in Hong Kong. They announced their engagement in December 2012 and plan to wed in December 2013. The occasion was very well celebrated at the home of **Justin & Tahli Mastores**.

Submitted by Christine Mastores-Davidson

**Below:** Mark Mastores and Kirsty Galbraith





# SOCIAL ANNOUNCEMENTS



## Engagement

Congratulations to **Angelo Mihalos** and **Joanne Demetriou** on their engagement. Angelo is the son of **Alex** and **Vivienne Mihalos** and grandchild of **Dina** and the late **Angelo Mihalos** and **Steve** and **Christine Bisas**. With very best wishes and may all your dreams come true.

Submitted by Anna Miriklis-Deferos



## Wedding

On the 27th October 2012, **Colin Tarlamis** and **Labrini Platis** married. The service was held at the St. Eustathios Greek Orthodox Church South Melbourne. Followed by a reception at Peninsula C Docklands. A great night was enjoyed by all 270 guests including family from overseas and interstate.

Colin is the only son of **John** and **Despina Tarlamis** and the grandson of **Peter** and **Koula Adgemis**

Submitted by Despina Tarlamis



**Above:** Lambrini and Colin Tarlamis outside St Eutathios with bridal party, Peter J Adgemis, Mia Panayai, George Sahanidis, John Xiradakis and Joanna Adgemis



## Wedding

On Saturday 2nd March 2013, **Joanna Adgemis** married **Michael Xiradakis**. The ceremony was held at Templestowe Greek Orthodox Church of St Haralambos, followed by a reception at the Docklands. It was a memorable occasion for parents **John** and **Irene Adgemis**, **Bessie** and **Keith Wilson**, **John Xiradakis** and grandparents, **Anna Adgemis**, **Jack** and **Maria Miriklis** along with their 250 guests. The couple honeymooned in Hawaii. Best wishes to you both for your future.

Submitted by Anna Miriklis-Deferos



**Above:** John and Joanna Xiradakis cut their wedding cake

## Get Well

Perastika to Nick Patiniotis.

Submitted by Anna Miriklis-Deferos

# SOCIAL ANNOUNCEMENTS



## Overseas Travel

Mrs. **Nina Mangos** and her daughters **Maria**, **Julie**, **Stella** and granddaughter **Krista** travelled back to Kastellorizo for a holiday. Son-in-law **Nick Georgoulas** met up with them also and they all had a wonderful time.

It's been a while since Nina last visited her homeland and this time she was able to stay in her home that she was born in. We were able to experience the way they amazingly once lived in these traditional homes. Reminiscing the past, so many stories, so many memories her daughters were in awe of all her knowledge and history. In fact we had Kastellorizians from other states and around the world stopping and asking her questions about their own family heritage - slowly but surely Nina was able to recall their ancestors and from there direct and show them whereabouts they once lived.

Her granddaughter Krista visiting Kastellorizo for the first time totally loved it and this is why our island is so magical and heaven on earth for all generations.

Back from an overseas trip **James Constantas** and **Con Messimeris** grandsons of **Nina Mangos** had a great time especially in Kastellorizo for the few days they were there.

Submitted by Maria Georgoulas



## Kazzie NEWS

### SHARE YOUR NEWS

Why not submit your news or articles in the next edition of the new look

*Kazzie News*



THE  
KAZZIE NEWS

Next edition

The Kastellorizian Association of Victoria

Articles will only be accepted in a Word or PowerPoint 2003 or 2007 document. Photographs must be sent as a JPEG file and emailed directly to the editor,

Evelyn Salvaris

[editor@kastellorizo.com.au](mailto:editor@kastellorizo.com.au)

Articles will not be considered unless the name and contact details of the author is supplied to the editor.



**Above:** Kastellorizo. Photograph by Sam Athans. Calendar Competition 2010





*The Kastellorizian Association of Victoria  
would like to invite*

*All members and their families to*

*Saints Constantine and Helen Day Celebration  
and*

*Awards ceremony :*

*Kastellorizian of the Year Award  
and*

*VCE Recognition Award*

*Sunday May 19, 2013*

*10 am*

*The Greek Orthodox Church of St Constantine and St Helen  
Barry St South Yarra*

*12.30 pm*

*The Kastellorizian Association of Victoria's Clubrooms*

*250 Dorcas St, South Melbourne*

*for*

*Refreshments and finger food*

*Awards Ceremony*

*Afternoon tea*

*RSVP appreciated by May 15, 2013 to Christine Mastores-Davidson Mob: 0414 822 234,  
or the Secretary by email: [secretary@kastellorizo.com.au](mailto:secretary@kastellorizo.com.au)*